

Educators & School Counselors

You have likely come across students, whether in college, high-school or middle school, who have demonstrated a problem with drinking. **Unfortunately, Alcoholism** recognizes no barriers—age included. As an educator or school counselor you are in a unique position to introduce young people to Alcoholics Anonymous.

WHAT IS ALCOHOLICS ANONYMOUS?

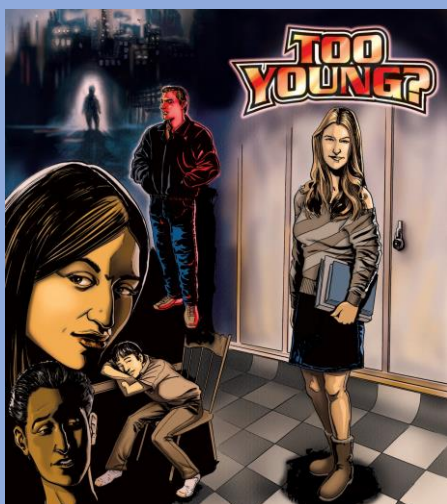
Alcoholics Anonymous is a voluntary, worldwide fellowship of men, women and young people from all walks of life who meet to attain and maintain sobriety. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership.

A.A. is a program of abstinence. Members simply stay away from one drink, one day at a time. Sobriety is maintained through sharing experience, strength and hope at group meetings and through the suggested Twelve Steps for recovery from alcoholism.

Alcoholics Anonymous welcomes young people who struggle with alcoholism and has a range of resources that speak to their specific needs and circumstances.

If you are interested in having A.A. literature on your school campus, please [let us know](#) and we can send you a package, including a copy of the book Alcoholics Anonymous for the Health Science section of your library.

This link will direct you to local meetings specifically dedicated to younger people: [Young People](#) . Please click on the pamphlets or videos for more information.



AA has a [YouTube Channel](#) with videos for Young People:

[A Group of People Just Like Me](#)
5:24

[On the Beach](#) 5:29

[25 and Under](#) 6:02

Access [Alcoholics Anonymous](#) and [Twelve Steps and Twelve Traditions](#) on pdf, ASL and audio formats.

For a list of online and in person meetings see the [SEPIA](#) website.